



Be Well Orange Campus

February 2024 Data Report



Location: 265 S. Anita Drive, Orange 92868

Fiscal Partners: **Orange County Health Care Agency** contracts with Mind OC for management and oversight of the facility and services.

CalOptima Health partnership in support of services and client/family navigation.

Service Providers: **Exodus Recovery** provides services for Adult and Adolescent Crisis Stabilization, Crisis Residential, and Sobering Center.

HealthRIGHT 360 provides services for Withdrawal Management, Substance Use Residential, and Co-Occurring Disorders Residential Treatment.

Housing for Health OC provides housing navigation services to individuals receiving treatment on the Campus, and who are experiencing homelessness.



Provider Updates

Exodus Recovery successfully achieved **Medi-Cal re-certification** for the Crisis Stabilization Units (**CSU**) at the Be Well Campus, and HealthRIGHT 360 has received **Drug Medi-Cal (DMC)** certification.

Exodus Recovery underwent an annual site review from DHCS SRP (**Department of Health Care Services Social Rehabilitation Program**) to re-certify the Crisis Residential Program (**CRP**) to continue providing services. The CRP received an impressive passing score of 100%! The DHCS analyst shared that this is the first time she has given a program a score of 100%, demonstrating full regulatory compliance with no corrections needed.

Data Findings

In February, the Adult Crisis Stabilization Unit (CSU) admitted 187 individuals, averaging a daily utilization rate of 123%. The Adult CSU is comprised of 14 beds and serves as one of the two crisis services offered at the Be Well Orange Campus. The program is demonstrating the efficiency and effectiveness of both access and treatment interventions, stabilizing many in under 24 hours and transitioning to a next indicated level of care, allowing for immediate admissions of others in need of help. Most referrals to the Adult CSU were from self and family referrals, law enforcement, and emergency departments. Those who are not able to utilize the Be Well crisis residential program at the Campus are referred to clinically appropriate treatment providers and County mental health clinics as well as other outpatient resources. The majority of clients being provided services at the Adult CSU are Medi-Cal members (>65%).

In February, the Adolescent CSU admitted 66 adolescents with a daily utilization rate of 63%, a 25% increase from the prior month. With the capacity to serve up to 8 youths at a time, most referrals to the Adolescent CSU were from emergency departments, crisis services such as the CAT/PERT teams and the Be Well Mobile Response Team, and self and family referrals. Most of the youth at discharge were referred to mental health outpatient facilities or linked to higher levels of care, such as Aliso Ridge Behavioral Health and UCI Medical Center. Concurrent with the Adult CSU, most clients are Medi-Cal recipients, but 20% of clients this month had commercial insurance.

In February, the Crisis Residential Program (CPR) admitted 27 individuals, averaging a daily utilization rate of 81%. The 15-bed unit allows individuals to reside for up to 21 days. The CRP maintains a consistently high occupancy, as there is an ongoing need for this level of care in Orange County. The primary referrals source for the CPR program are Be Well's own Crisis Stabilization Unit and county CSU's.

In February, the Sobering Center admitted 114 individuals and had a daily utilization rate 62%. Most referrals to the sobering center came from self or family referrals, the Be Well Mobile Team, and Law Enforcement. As the first and only unit of its kind in Orange County, the Sobering Center provides specialized care to adults who are acutely intoxicated, as an alternative to an emergency room or jail. Most individuals are discharged from the Sobering Center with community resource recommendations, but some individuals are linked to crisis stabilization units and case managers when deemed appropriate.



Adult Crisis Stabilization Unit

February 2024

14 Beds

Total Admissions
this Month

187

Median People
Served per Day

17

Average Daily Utilization Rate

123%

Gender

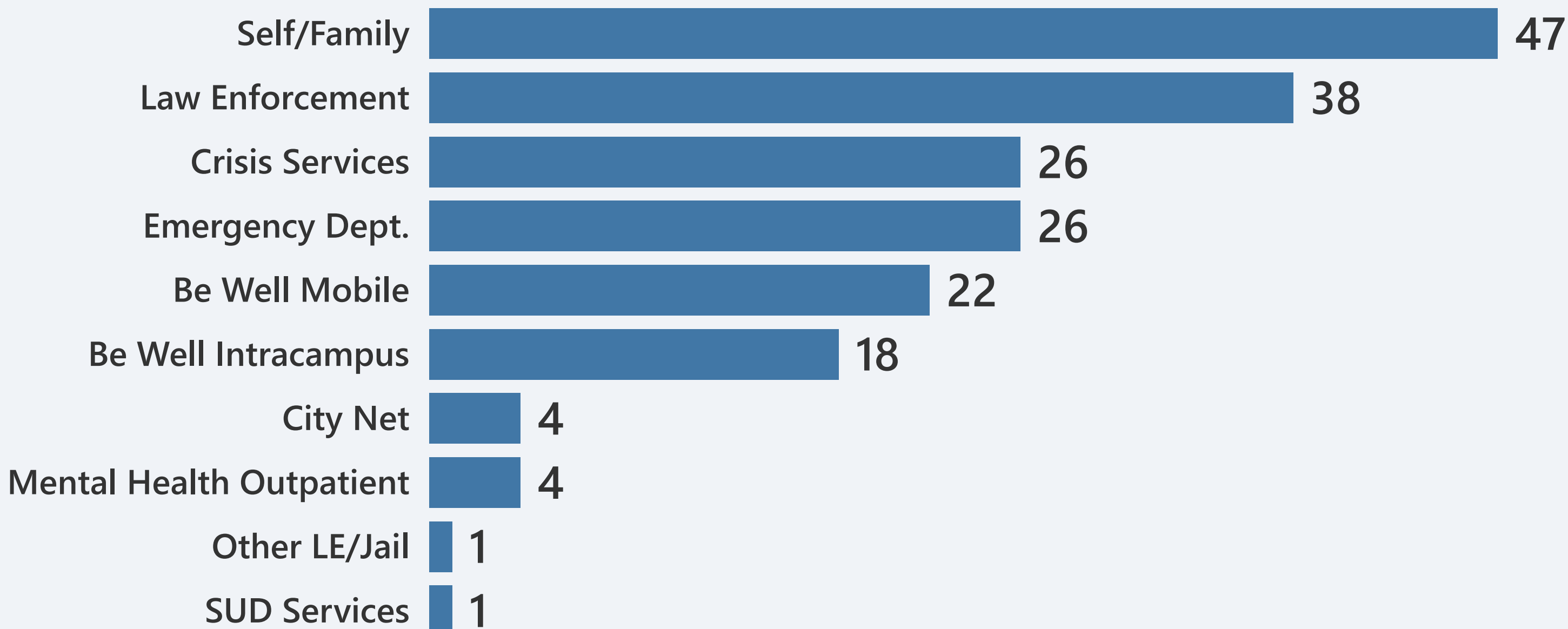
Male	121
Female	66
Total	187

Age

TAY* (18-25)	48
Adult (26-59)	130
Older Adult (60+)	9
Total	187

*Transition Age Youth

Referral Source



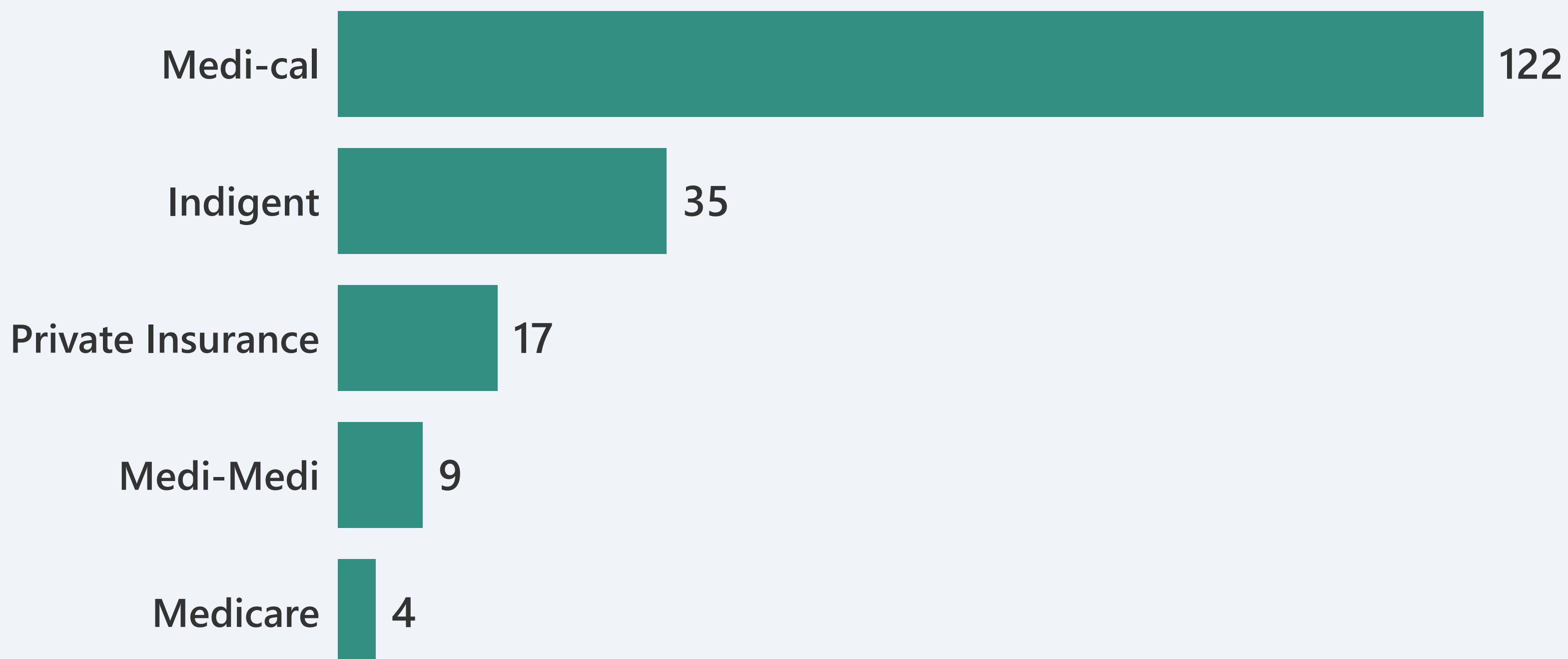


Adult Crisis Stabilization Unit

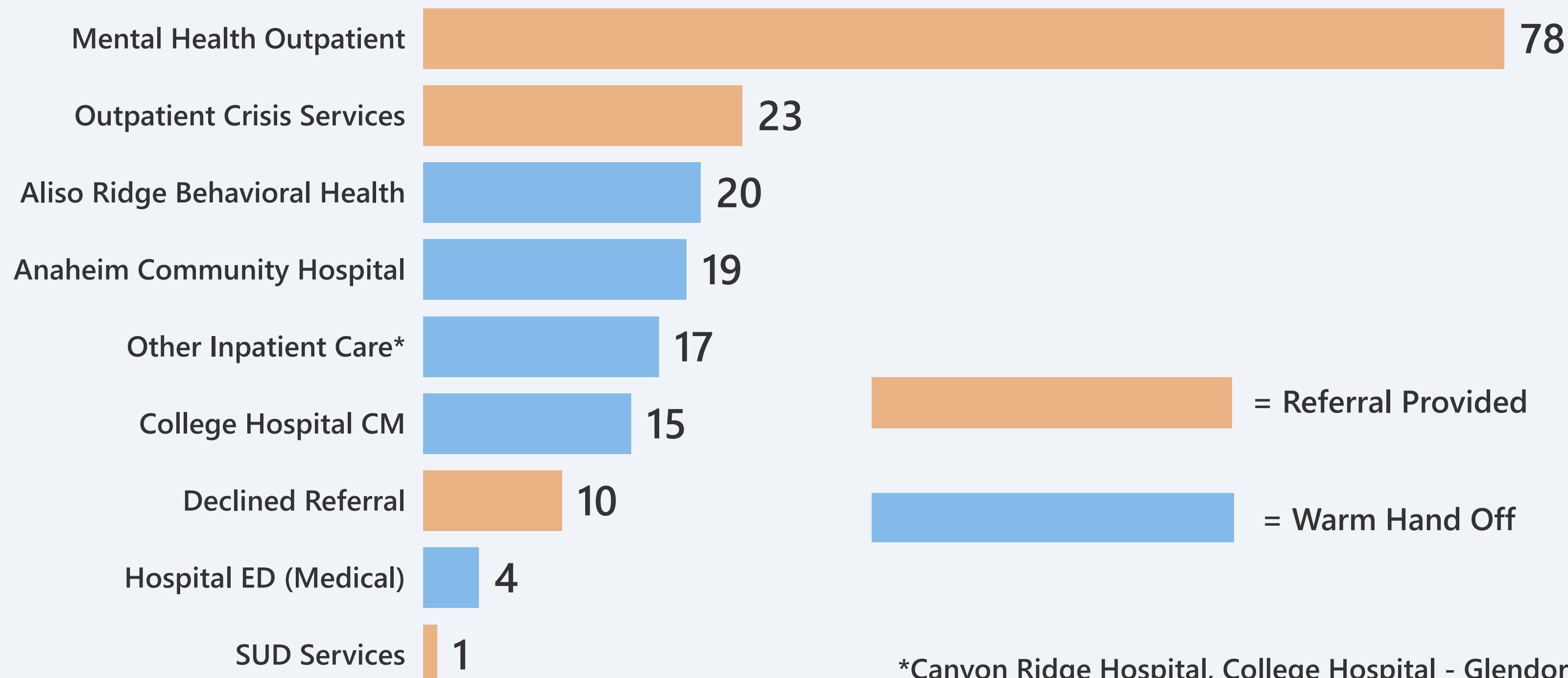
February 2024

14 Beds

Funding Source



Discharge Disposition



*Canyon Ridge Hospital, College Hospital - Glendora, Del Amo Hospital, Anaheim Regional Medical Center



Adolescent Crisis Stabilization Unit

February 2024

8 Beds

Total Admissions
this Month

66

Median People
Served per Day

5

Average Daily Utilization Rate

63%

Gender

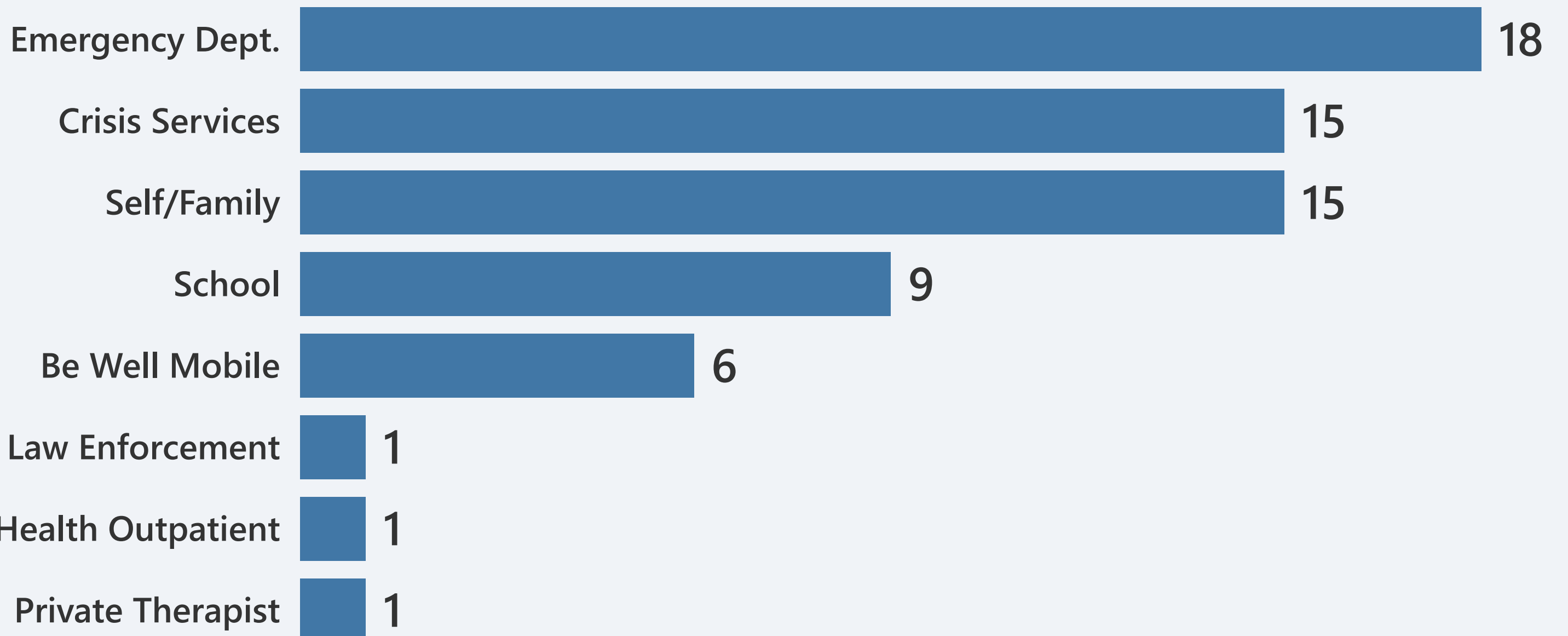
Male	24
Female	41
Total	65*

Age

13-15	35
16-17	31
Total	66

*1 Admission = Other Gender Identity

Referral Source



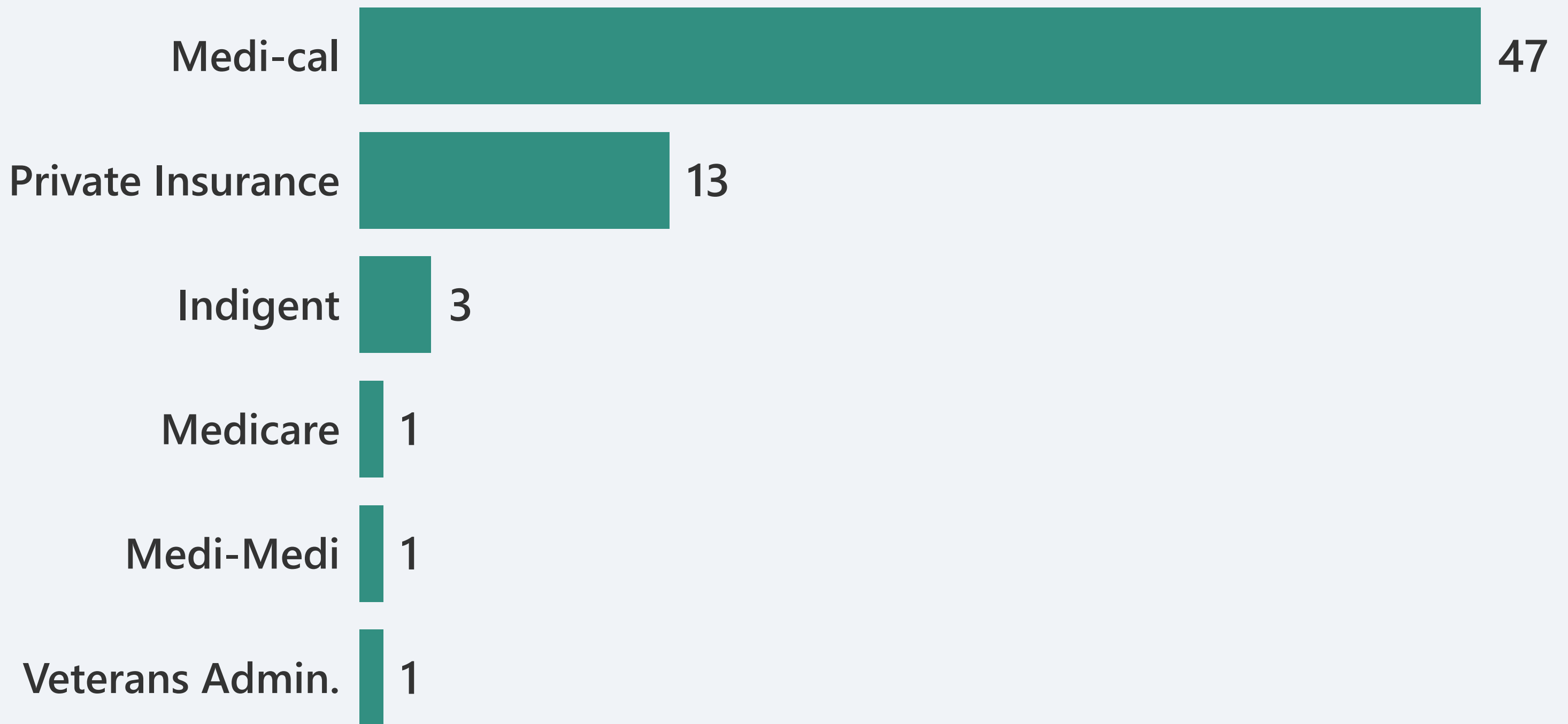


Adolescent Crisis Stabilization Unit

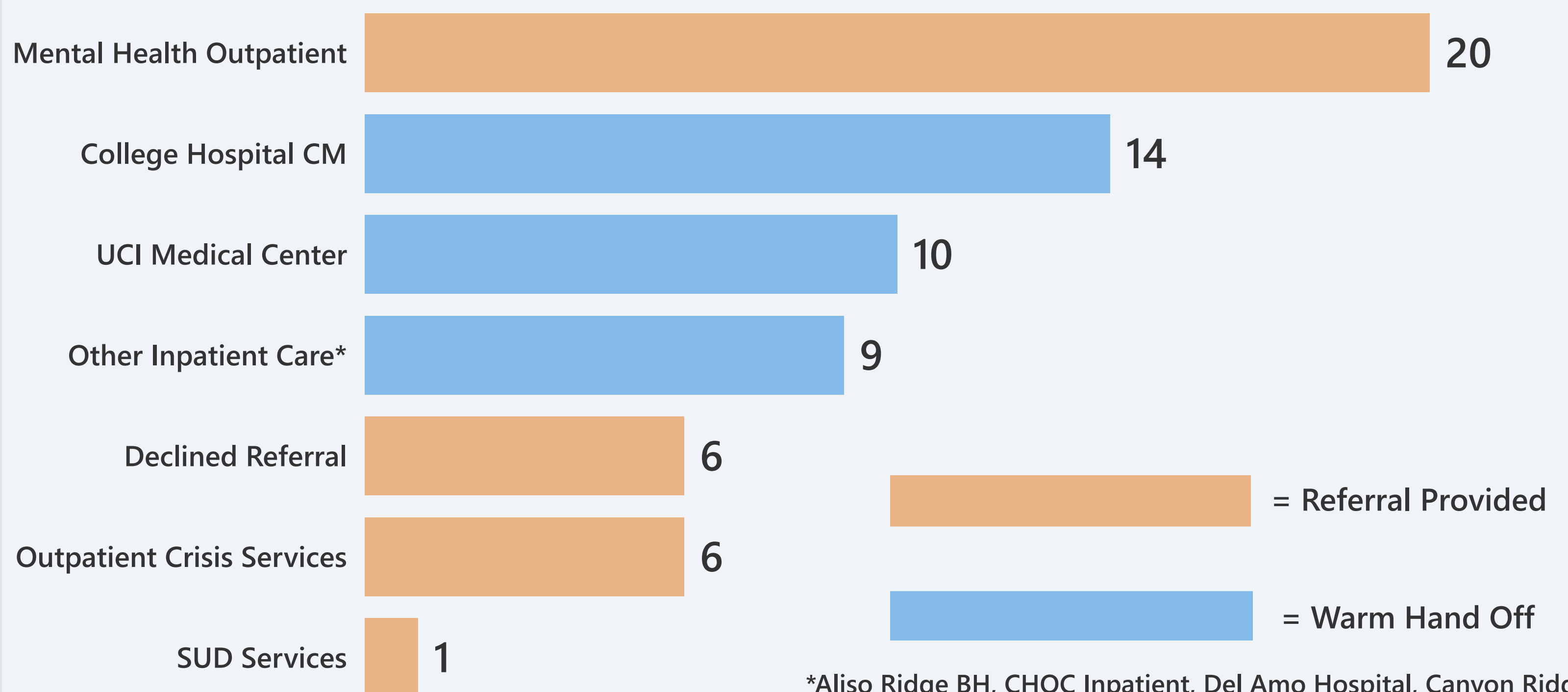
February 2024

8 Beds

Funding Source



Discharge Disposition



*Aliso Ridge BH, CHOC Inpatient, Del Amo Hospital, Canyon Ridge Hospital, West Anaheim Medical Center



Crisis Residential Program

February 2024

15 Beds

Total Admissions
this Month

27

Median People
Served per Day

13

Average Daily Utilization Rate

81%

Gender

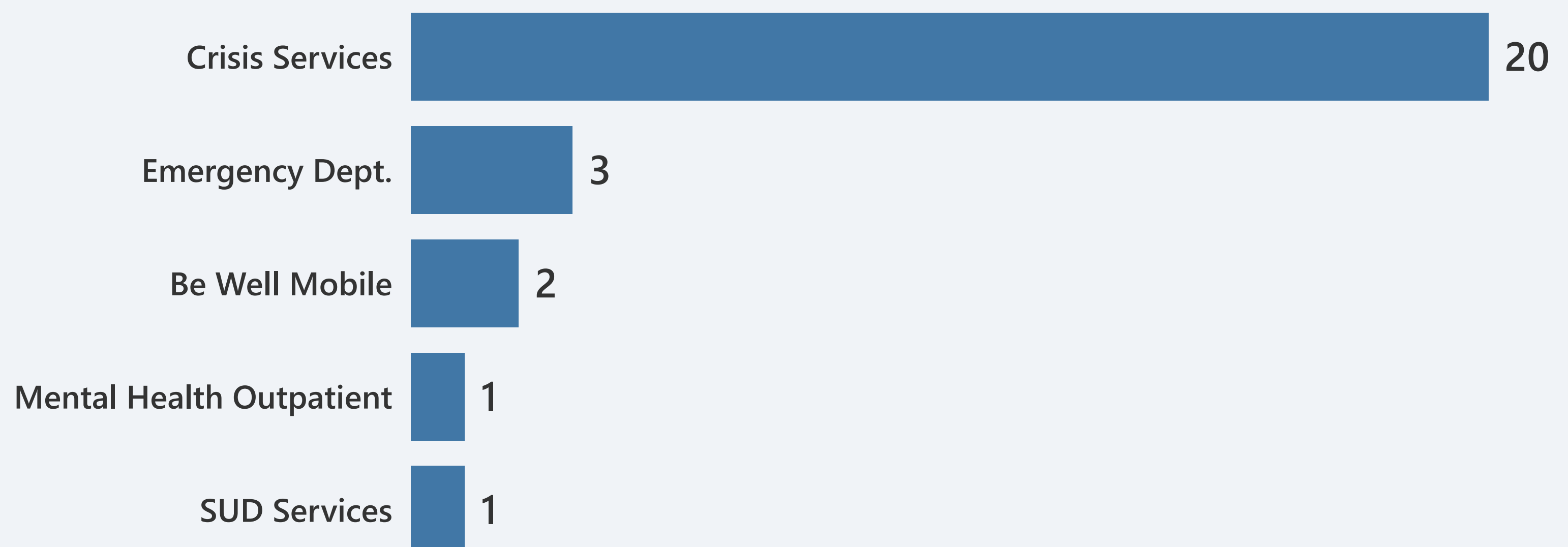
Male	20
Female	7
Total	27

Age

TAY* (18-25)	4
Adult (26-59)	22
Older Adult (60+)	1
Total	27

*Transition Age Youth

Referral Source



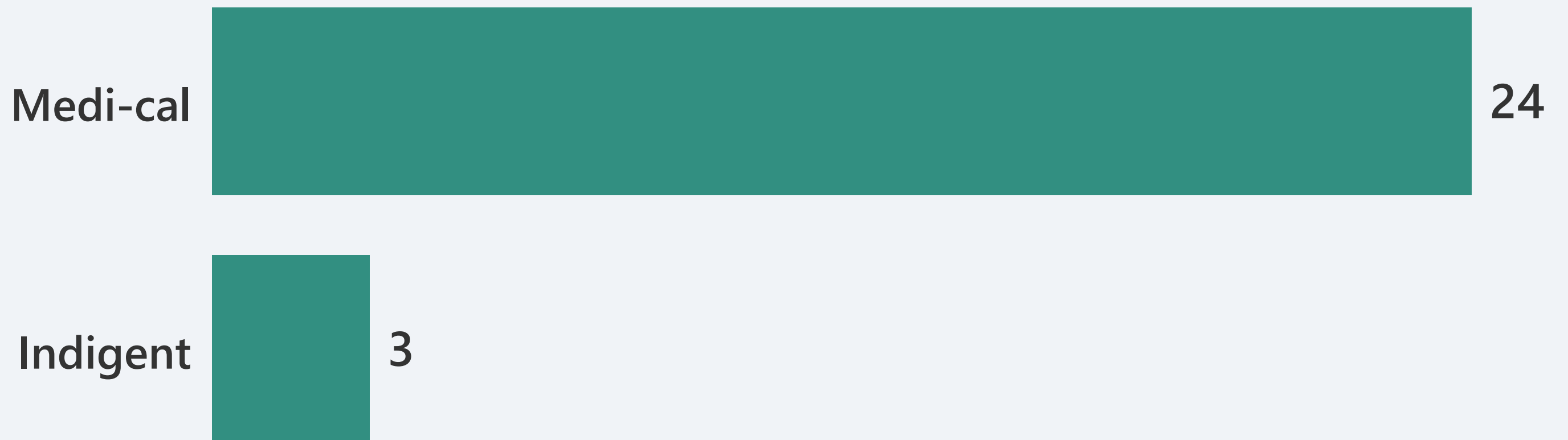


Crisis Residential Program

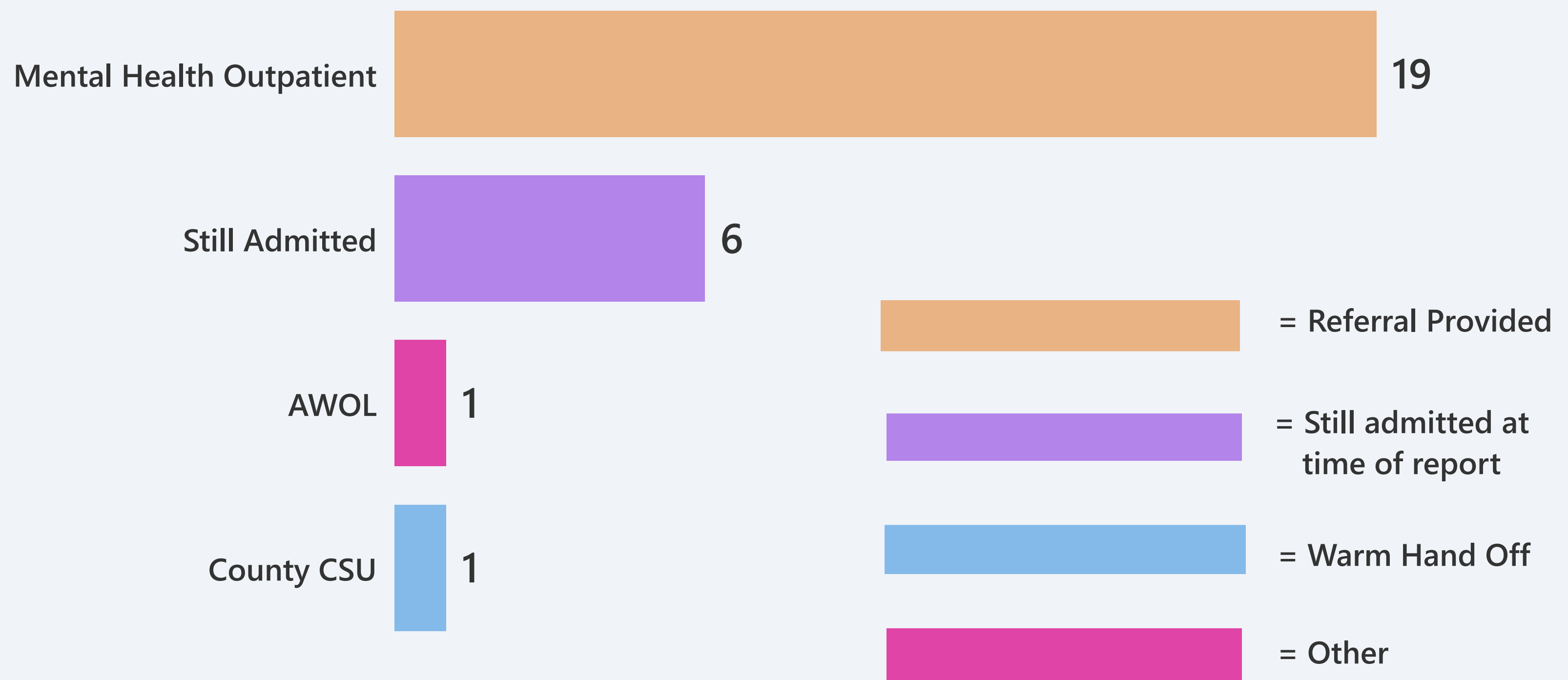
February 2024

15 Beds

Funding Source



Discharge Disposition





Sobering Center

February 2024

12 Beds

Total Admissions
this Month

114

Median People
Served per Day

7

Average Daily Utilization Rate

62%

Gender

Male	82
Female	32
Total	114

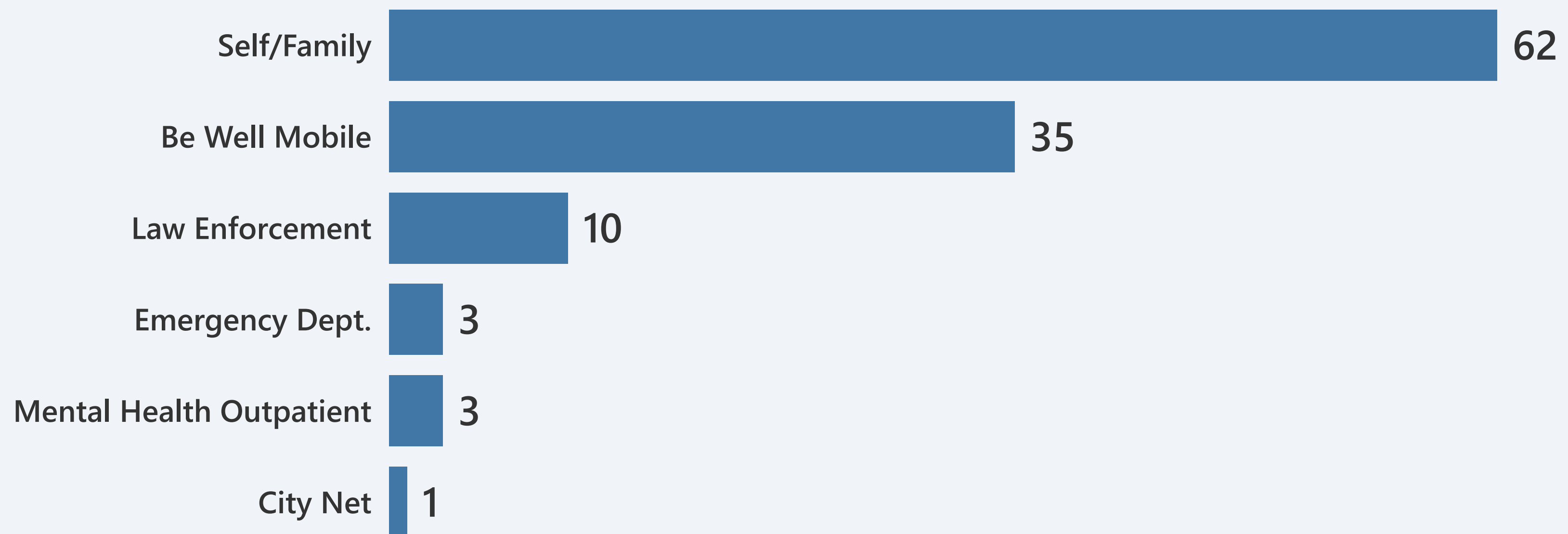
*3 Admissions = Other

Age

TAY* (18-25)	15
Adult (26-59)	91
Older Adult (60+)	8
Total	114

*Transition Age Youth

Referral Source



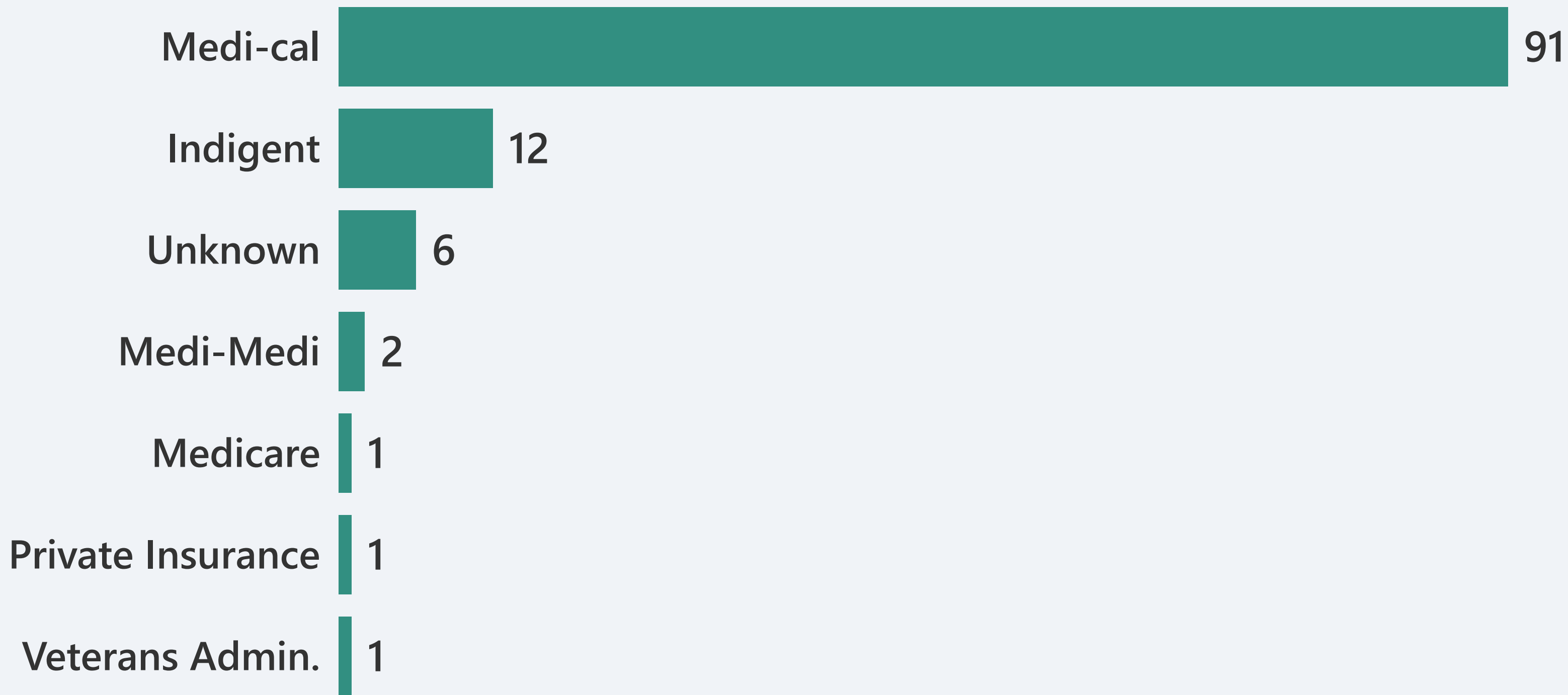


Sobering Center

February 2024

12 Beds

Funding Source



Discharge Disposition

